

MARCH

Live as children of light, for light produces every kind of goodness and righteousness and truth. Eph 5:9

Everyone is welcomed to join the Parish Religious Ed Families in their Faith Formation Year

<p>#BringChrist 2URhalePlan #beKukui #shinebright</p>	<p>1 <i>Say 3 Hail Mary Prayers for all women of any age</i></p>	<p>2 Smile all day long (especially when it is most difficult to).</p>	<p>3 Look up & Learn about St. Katherine Drexel. Document what you learned.</p>	<p>4 Bake pretzels. <i>Pretzels were first baked during Lent because they can be made with only water, flour, and salt. The shape came from a posture of prayer, with arms crossed and hands-on opposite shoulders.</i></p>	<p>5 (World Day of Prayer) <i>Say the Lord's Prayer right before bed</i></p>	<p>6 Grow something as a family or start a garden to prepare for spring!</p>
<p>7 Third Sunday in Lent Read & Reflect with someone on John 3:14-21</p>	<p>8 <i>Pray for people who are imprisoned, those who are guilty as well as the innocent that they may find reconciliation.</i></p>	<p>9 Enjoy a family game night</p>	<p>10 Ask for Forgiveness from someone you have wronged</p>	<p>11 Make a card of encouragement for those adults & children who will be baptized this Easter Vigil.</p>	<p>12 Attend Stations of the Cross (In Person or Online) as a family.</p>	<p>13 Surprise someone by doing a chore/task for someone else. <i>Pray the Act of Contrition</i></p>
<p>14 Fourth Sunday in Lent Read & Reflect with someone on John 3:14-21</p>	<p>15 <i>Go to Adoration of the Blessed Sacrament (In Person or Online) as a family.</i></p>	<p>16 <i>Pray the Memorare with your brother, sister or friend</i></p>	<p>17 Find a Three Leaf clover or draw one and identify the Three persons in the Holy Trinity.</p>	<p>18 <i>Be kind to your parents by NOT answering back or giving attitude for 48 hours</i></p>	<p>19 Feast of St. Joseph Make a "thank you" card for all Dads & Husbands you know & deliver it</p>	<p>20 Go to Confessions</p>
<p>21 Fifth Sunday in Lent Read & Reflect with someone on John 12:20-33</p>	<p>22 Drink only water today instead of juice, soda, tea, etc.</p>	<p>23 Do something to help the Earth.</p>	<p>24 <i>Pray the Angelus</i></p>	<p>25 Luke 1:26-38 Create an angel-shaped cookie or treat for the Annunciation of the Lord</p>	<p>26 Make your dinner a meatless meal and share as a family your experience of your sacrifice this Lent.</p>	<p>27 Visit the website for Catholic Relief Services (crs.ricebowl.org) and pray along with their Stations of the Cross as a family.</p>
<p>28 Palm Sunday Wash & Bless palms for your home. Read & Reflect with someone on John 12:12-16</p>	<p>29 Look up & Learn about the Holy Triduum. Visit catholiccompany.com/magazine. Draw out the symbols found with Holy Week.</p>	<p>30 Pray for all clergy, religious and laity who are preparing for Holy Triduum</p>	<p>31 Set up an altar at home with your holy palms, Cross, Bible & Candle to prepare for the Holy Triduum. *Tune in on Youtube via parish channel</p>	<p><u>Whole Parish Family Faith Formation Steps:</u> Step 1 Use your monthly calendar and pray the scripture for the month. Step 2 Visit the parish youtube channel and watch the video about the Theme of the Month & Spotlight activity Step 3 Keep a log or short journal/notes on each activity using the following questions: · Who participated in the activity? · Were you able to identify the presence of God there?</p>		